



## TOURISM, FOOD AND HOSPITALITY

### Professional Cookery

This QQI Level 5 Certificate course is for those who wish to build a successful career in the food and hospitality sector which is currently one of the fastest growing areas in today's economy.

#### Features:

- Work placement
- Professional guest lecturers
- Site visits
- All practical work performed in a commercial kitchen
- HACCP Level 1 and 2 Food Safety & Hygiene training
- Manual handling training and certification (requirement for work experience)
- *Common Purpose Pitstop* Leadership Programme for selected students

**Duration: 1 year**

#### Certification:

QQI Level 5 Certificate in Professional Cookery 5M2088

#### Entry Requirements:

Leaving Certificate or equivalent. For mature applicants experience will be considered *in lieu* of formal qualifications.

#### Course Content:

- Culinary Techniques 5N0630
- Food Science and Technology 5N0730
- International Cuisines 5N0632
- Meal Service 5N0635
- Menu Planning and Applied Nutrition 5N2085
- Pastry, Baking and Desserts 5N2084
- Personal Effectiveness 5N1390
- Word Processing 5N1358
- Work Practice 5N1433

#### Progressions:

CCOC QQI Level 6 Advanced Certificate in Tourism and Hospitality 6M5012

Great progression links to CIT, DIT, LIT GMIT and other Higher Education colleges, see our website for details.

#### Career opportunities:

Kitchen staff in bars, hotels and restaurants, contract caterers, bakeries, tea rooms and cafes, kitchens in hospitals and nursing homes, B&Bs and deli managers.

**Course Fees:** €750 including QQI examination fees.  
(Medical card holders exempt from €250)

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### Hospitality Studies

This QQI Level 5 Certificate course allows students to learn a range of hospitality service skills including customer relations, service and accommodation maintenance as well as food and beverage preparation and service.

#### Features:

- Work placement
- Site visits
- Professional guest lecturers
- All practical work performed in a commercial setting
- Level 1 and 2 Food Safety & Hygiene training
- Manual handling training and certification (requirement for work experience)
- *Pitstop Leadership Programme* from Common Purpose for selected students

**Duration: 1 year**

#### Certification:

QQI Level 5 Certificate in Hospitality Operations 5M2083

#### Entry Requirements:

Leaving Certificate or equivalent. For mature applicants experience will be considered *in lieu* of formal qualifications.

#### Course Content:

- Food Preparation 5N1909
- Accommodation Techniques 5N1851
- Communications 5N0690
- Work Experience 5N1356
- Word Processing 5N1358
- Reception and Front Line Skills 5N1407
- Meal Service 5N0635
- Beverage Service 5N2019

#### Progressions:

CCOC QQI Level 6 Advanced Certificate in Tourism and Hospitality 6M5012

Great progression links to CIT, ITT and Shannon College of Hotel Management, see our website for details.

#### Career opportunities:

Bar staff, waiting staff in Bars, hotels, cafes, tea shops and B&Bs, accommodation assistants, reception staff in hotels, hostels and B&Bs, kitchen staff in hotels, restaurants, deli, cafes, tea rooms.

**Course Fees:** €550 including QQI examination fees.  
(Medical card holders exempt from €250)

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