

Holistic & Physical Therapies

COURSE CONTENT YEAR 1

Holistic Massage	ITEC
Indian Head Massage	ITEC
Anatomy & Physiology	ITEC
Stress Management Therapy (Practical) (On Site)	ITEC
Reflexology	ITEC
Professional Conduct & Business Awareness	ITEC
Nutrition QQI	5N2006

COURSE CONTENT YEAR 2

Sports Therapy	ITEC
Sports Equipment	ITEC
Skincare and Eye Treatments or Sports Industry Practice	5N3466 QQI L6
Aromatherapy or Adventure Activities	ITEC 5N4646
Lymphatic Drainage or Leadership	ITEC QQI L6

Short courses include Stone Therapy Massage/ Lomi Lomi Treatments CCOC, Reiki 1 & 2.

Occupational First Aid, Spa Treatments CCOC

COURSE SPECIFIC CONTACT DETAILS

For further information email:
holistics@ccoc.ie
(021) 422844

Course fees outlined on
www.corkcollegeofcommerce.ie

INTRODUCTION

This ITEC two year programme equips students with a set of Diplomas which focus on the healing therapies. Students from the college are highly valued within the industry in a variety of environments. Students are also qualified to establish themselves in their own business. Students participate in

- Professional guest lectures
- *Pitstop* Leadership Programme from Common Purpose for selected students.
- Practical training workshops
- State of the Art practical rooms
- In-house salon work experience

ENTRY REQUIREMENTS

Leaving Certificate, LCA or QQI Level 4. Mature students are exempt from Leaving Certificate requirement. All applicants are interviewed. For year 2, year 1 modules need to have been passed in the first year.

CERTIFICATION

Year 1 ITEC Diplomas in Holistic Massage; Reflexology; On Site Massage; Indian Head Massage. Certificates in Reiki 1 and 2 (optional) and a QQI Component Certificate in Nutrition and Occupational First Aid.

WORK PLACEMENT/EXPERIENCE

Students work in the college salon during the year

EDUCATION PROGRESSION OPPORTUNITIES

This course is geared toward the workplace environment and employment

CAREER OPPORTUNITIES

Spas, salons, health centres, hotels, self employed professional, cruise ships. All students can access the Jobs Advice Hub (see pg. 85). Graduates can subscribe to 'CCOC college jobs register' and CCOC LinkedIn alumni for up to date vacancies and networking.