

Advanced Holistic & Physical Therapies

INTRODUCTION

Learn how to become an advanced practitioner in Aromatherapy, Advanced Sports Massage Level 4, Stone Therapy, Lymphatic drainage, On-Site massage, Indian Head massage, Nutrition, Lomi Lomi massage and Ear candling. This practical course focuses on healing therapies, which will help you to become highly valued specialist in your field of Holistic Therapies. The college has state of the art practical rooms.

ENTRY REQUIREMENTS

ITEC Holistic Massage Therapy Diploma and ITEC Level 3 Sports Massage or equivalent e.g. Personal Trainer with Sports Massage. Mature students are exempt from Leaving Certificate requirement. All applicants are interviewed. An offer of a place on this course is contingent on the applicant meeting the minimum entry requirements set out here and satisfactory presentation at interview.

CERTIFICATION

ITEC Level 4 Certificate in Sports Massage

ITEC Level 3 Award in Massage using Pre-Blended Aromatherapy Oils

ITEC Level 3 Certificate in Stone Therapy Massage

CCOC: Certificates Lymphatic Drainage and Lomi Lomi Massage, Ear Candling, QQI component Certificates in Onsite Massage Level 6, Indian Head Massage Level 6 and Nutrition Level 5

WORK PLACEMENT/EXPERIENCE

Students are encouraged to complete 40 hours of work experience/shadowing in a holistics environment as part of this course, which they will organise themselves.

EDUCATION PROGRESSION OPPORTUNITIES

ITEC Level 3 Award in Education and Training

ITEC Level 4 Certificate in Education and Training

CAREER OPPORTUNITIES

Spas, salons, health farms, self-employed professionals, cruise ships.

All students can access the Jobs Advice Hub (see pg.87). Graduates can subscribe to 'CCOC college jobs register' and CCOC LinkedIn alumni for up to date vacancies and networking.

COURSE CONTENT

Sports Massage	ITEC
Aromatherapy	ITEC
Stone Therapy	ITEC
Lymphatic Treatments	CCOC
Lomi Lomi Massage	CCOC
Ear Candling	CCOC
Onsite Massage	6N3478
Indian Head Massage	6N3477
Nutrition	5N2006

Additional Training/Workshops

Strapping/Taping

CONTACT DETAILS

For further information email:

holistics@ccoc.ie
(021)4223844

Course fees outlined on
www.corkcollegeofcommerce.ie