

Holistic & Physical Therapies

COURSE CONTENT	
Anatomy & Physiology	ITEC
Professional Conduct & Business Awareness	ITEC
Holistic Massage	ITEC
Reflexology	ITEC
Sports Massage	ITEC
Spa Treatments	CCOC
Skincare	ITEC
Infection Prevention (COVID-19) for Complementary Therapies and Sports Massage	ITEC
Additional Training/Workshops	
First Aid	

INTRODUCTION

Do you see Holistic Therapies as a way to enhance general health and wellbeing? Are you interested in the human body? As a Holistic Therapist you will use therapies to enhance the mind, body, and soul. Learners explore the diversity of Holistic Therapies. They receive a firm grounding in many therapies, the course will give practical skills and a detailed understanding of a holistic approach to health therapies. The course provides the professional training that can enable you to pursue a career in a variety of Holistic Therapy settings, and great opportunities to work with our Internationally recognised ITEC qualifications.

ENTRY REQUIREMENTS

Leaving Certificate, LCA or QQI Level 4. Mature students are exempt from Leaving Certificate requirement. All applicants are interviewed. An offer of a place on this course is contingent on the applicant meeting the minimum entry requirements set out here and satisfactory presentation at interview.

CERTIFICATION

ITEC Level 3 Diploma in Holistic Massage
 ITEC Level 3 Diploma in Reflexology Treatments
 ITEC Level 3 Diploma in Sports Massage
 ITEC Level 2 Award in Facial Skincare
 CCOC Spa Treatments
 ITEC Level 2 Award in Infection Prevention(COVID-19) for Complementary Therapies and Sports Massage

WORK PLACEMENT/EXPERIENCE

Students work in the college salon during the year.

EDUCATION PROGRESSION OPPORTUNITIES

CCOC: Advanced Holistic & Physical Therapies
 ITEC Level 3 Award in Education and Training
 ITEC Level 4 Certificate in Education and Training

CAREER OPPORTUNITIES

Spas, salons, health and wellbeing centres, care homes, Hotels, leisure centres, health farms, self-employed professional, cruise ships.

CONTACT DETAILS

For further information email:
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(021)4223844

Course fees outlined on
www.corkcollegeofcommerce.ie